

Get the most out of  
**GlasgowLife**

**Volunteering**



# What do we offer individuals?

We offer diverse opportunities for people of all ages and abilities.

Some of the benefits we offer volunteers:

- Volunteer expenses
- Welcome bag; a canvas bag with water bottle & more
- References
- Named member of staff to support individuals
- Training relevant to volunteer role/ opportunity
- [Awareness sessions](#)
- Social events and celebrations

# What do we offer organisations & groups?

We regularly engage with colleges, universities, community groups, private businesses, employability groups and others to promote volunteering. We want to make it as easy as possible for individuals to search and join our volunteering opportunities and we understand everyone's needs and motivations are different.

- We can share our current opportunities or meet to discuss individual's needs and interests.
- We can also support individual over the phone or video call for those who find it tricky to access our online database.

# What do volunteers say?

As a result of donating their time, our volunteers tell us they feel:

- Have given something back/ helped others
- Feel connected with their communities
- Have improved physical and mental health
- Gained new skills and experience
- Gained confidence
- Made life-long friends

[Click here](#) to view our volunteer stories

**93 % of volunteers  
rated their experience  
as excellent/very  
good**

**90% of volunteers  
would recommend us  
to friends and family.**

*“I felt well supported in  
the role. There are  
good training  
opportunities. Very  
helpful professional  
staff.”*

# Macmillan Cancer Information & Support

Recruitment  
now open

## [Macmillan Cancer Information and Support Volunteers \(Various locations\)](#)

We are looking for caring individuals who have a few hours a week to volunteer supporting people affected by cancer. A basic disclosure is required for this role at no cost to volunteers.

### **Key tasks and activities**

- Provide a listening ear
- Emotional support
- Provide information
- Signpost to other local services

### **Locations**

- Parkhead Library
- Partick Library
- Royston Library
- Drumchapel Library



# Memories Scotland

## Memories Scotland Group Facilitator

Groups are open to individuals, carers and family members who have been touched by Dementia. During the sessions nostalgic music is played, reminiscences objects and photographs are used to help create interesting group chats and wonderful memories. A basic disclosure is required for this role at no cost to volunteers.

### **Key tasks and activities**

- Plan and lead reminiscence sessions – resources are provided
- Welcome participants
- Encourage and support participants to engage in sessions
- Set up and tidy up room

**Locations:** Pollok Library, Partick Library and Bridgeton Library

Recruitment  
now open!



# Home Library Service Volunteer

Recruitment  
now open

[Home Library Service Volunteer](#) @ Pollok Library

Friendly volunteers visit customers in their homes bringing books and audio books from their local library.

A basic disclosure is required for this role at no cost to volunteers.

## Key tasks and activities

- Visit library to select books and audio books
- Travel in pairs to customers' homes
- Chat with customers and note feedback on the books etc. brought previously
- Return books back to the library



# Digi PALS

Recruitment  
now open!

## [Digi PALS Volunteer – Citywide](#)

Our Digi-PALS Volunteers are on hand to help individuals within Glasgow Libraries use their Computer, Tablet, Laptop, Book-Reader and Smartphone.



### **Key tasks and activities**

Assist customers with various digital and online activities including:

- Printing and scanning
- Using the internet and email sending attachments e.g. C.V.
- Navigating online forms
- Downloading apps or e-books
- Transferring photographs from a digital camera to a computer



# CoderDojo

## CoderDojo Mentors

Recruitment  
now open

Free coding clubs in Glasgow Libraires for children & young people. Full training provided, coding skills are not essential. Membership of PVG Scheme is required for this role at no cost to volunteers.

### **Key tasks and activities:**

- Support coders in small groups or one to one
- Help coders access coding resources
- Encourage peer support & sharing ideas
- Debug programs and help develop coders debugging skills



# Good Move Glasgow Health Walks

Recruitment  
now open

## Health Walk Leaders

Free, easy, sociable health walks up to an hour long led by volunteers across Glasgow.

### Key tasks and activities

- Meet and greet walkers
- Complete new walker forms & take a register
- Lead or back mark along risk assessed routes
- Help create a fun, social and safe environment

### Locations:

- Knightswood community centre
- Bellahouston Sports Centre
- Donald Dewar Sports Centre
- Lambhill Stables
- Hillhead Sports Club
- Queens Park



# Want to volunteer in sport?

Recruitment  
now open

## [Gateway to Volunteering](#)

Provides training and support to help you start your volunteer journey in one of the city's fantastic clubs or community organisations. We want to remove any barriers that may have stopped you volunteering before by providing training and support to find the right opportunity.



You can also search volunteer opportunities in sport clubs and organisations across the city and access a menu of training and funding opportunities.

For more information visit <https://www.glasgowlife.org.uk/sport/volunteer-in-sport>

# Want to learn more?

To learn more about our volunteering opportunities including FAQs, our work with groups and volunteer stories please visit our website or get in touch via email or phone.

Website: <https://www.glasgowlife.org.uk/volunteer-with-glasgow-life>

Facebook: <https://www.facebook.com/glasgowlifevolunteering>

Email: [volunteering@glasgowlife.org.uk](mailto:volunteering@glasgowlife.org.uk)

Freephone: 08085001315

