

Emirates Arena Availability Matrix

Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Thursday	30/05/2024	X	✓	X	✓	X	X	X	*Set-up Energize Nationals
Friday	31/05/2024	X	✓	X	✓	X	X	X	*Set-up Energize Nationals
Saturday	01/06/2024	X	X	X	X	X	X	X	*Energize Nationals
Sunday	02/06/2024	X	X	X	X	X	X	X	*Energize Nationals
Monday	03/06/2024	X	✓	X	✓	X	X	X	*De-rig Energize Nationals
Tuesday	04/06/2024	X	✓	✓	✓	X	✓	X	*Seating De-rig
Wednesday	05/06/2024	X	✓	✓	✓	X	✓	X	*Seating De-rig
Thursday	06/06/2024	X	✓	✓	✓	X	✓	X	*Seating De-rig
Friday	07/06/2024	X	✓	✓	✓	X	✓	X	*Seating De-rig
Saturday	08/06/2024	✓	✓	✓	✓	✓	✓	✓	
Sunday	09/06/2024	✓	✓	✓	✓	✓	✓	✓	
Monday	10/06/2024	✓	✓	✓	✓	✓	✓	✓	
Tuesday	11/06/2024	✓	✓	✓	✓	✓	✓	✓	
Wednesday	12/06/2024	✓	✓	✓	✓	✓	✓	✓	
Thursday	13/06/2024	✓	✓	✓	✓	✓	✓	✓	
Friday	14/06/2024	✓	✓	✓	✓	✓	✓	✓	
Saturday	15/06/2024	✓	✓	✓	✓	✓	✓	✓	
Sunday	16/06/2024	✓	✓	✓	✓	✓	✓	✓	
Monday	17/06/2024	✓	✓	✓	✓	✓	✓	✓	
Tuesday	18/06/2024	✓	✓	✓	✓	✓	✓	✓	
Wednesday	19/06/2024	✓	✓	✓	✓	✓	✓	✓	
Thursday	20/06/2024	✓	✓	✓	✓	✓	✓	✓	
Friday	21/06/2024	✓	✓	✓	✓	✓	✓	✓	
Saturday	22/06/2024	✓	✓	✓	✓	✓	✓	✓	
Sunday	23/06/2024	✓	✓	✓	✓	✓	✓	✓	
Monday	24/06/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	25/06/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	26/06/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	27/06/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	28/06/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	29/06/2024	X	X	X	X	X	X	X	*Seating Installation
Sunday	30/06/2024	X	X	X	X	X	X	X	*Seating Installation
Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Monday	01/07/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	02/07/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	03/07/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	04/07/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	05/07/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	06/07/2024	X	X	X	X	X	X	X	*Seating Installation
Sunday	07/07/2024	X	X	X	X	X	X	X	*Seating Installation
Monday	08/07/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	09/07/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	10/07/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	11/07/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	12/07/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	13/07/2024	X	X	X	X	X	X	X	*Seating Installation
Sunday	14/07/2024	X	X	X	X	X	X	X	*Seating Installation
Monday	15/07/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	16/07/2024	X	X	X	X	X	X	X	*Seating Installation

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Wednesday	17/07/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	18/07/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	19/07/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	20/07/2024	X	X	X	X	X	X	X	*Seating Installation
Sunday	21/07/2024	X	X	X	X	X	X	X	*Seating Installation
Monday	22/07/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	23/07/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	24/07/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	25/07/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	26/07/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	27/07/2024	X	X	X	X	X	X	X	*Seating Installation
Sunday	28/07/2024	X	X	X	X	X	X	X	*Seating Installation
Monday	29/07/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	30/07/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	31/07/2024	X	X	X	X	X	X	X	*Seating Installation
Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Thursday	01/08/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	02/08/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	03/08/2024	X	X	X	X	X	X	X	*Seating Installation
Sunday	04/08/2024	X	X	X	X	X	X	X	*Seating Installation
Monday	05/08/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	06/08/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	07/08/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	08/08/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	09/08/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	10/08/2024	X	X	X	X	X	X	X	*Seating Installation
Sunday	11/08/2024	X	X	X	X	X	X	X	*Seating Installation
Monday	12/08/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	13/08/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	14/08/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	15/08/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	16/08/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	17/08/2024	X	X	X	X	X	X	X	*Seating Installation
Sunday	18/08/2024	X	X	X	X	X	X	X	*Seating Installation
Monday	19/08/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	20/08/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	21/08/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	22/08/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	23/08/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	24/08/2024	X	X	X	X	X	X	X	*Seating Installation
Sunday	25/08/2024	X	X	X	X	X	X	X	*Seating Installation
Monday	26/08/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	27/08/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	28/08/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	29/08/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	30/08/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	31/08/2024	X	X	X	X	X	X	X	*Seating Installation

Key:	
✓	Available for Training - from 9am
X	Unavailable for Training
*	Slight Access Changes - see end column for details