

Emirates Arena Availability Matrix March - April 19

Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Sunday	01/12/2024	✓	*Unavailable 9am -12pm & 1pm-4pm	✓	*Unavailable 9am -12pm & 1pm-4pm	✓	✓	✓	*UWS
Monday	02/12/2024	✓	✓	✓	✓	✓	✓	✓	
Tuesday	03/12/2024	✓	✓	✓	✓	✓	✓	✓	
Wednesday	04/12/2024	✓	✓	✓	✓	✓	✓	✓	
Thursday	05/12/2024	✓	✓	✓	✓	✓	✓	✓	
Friday	06/12/2024	✓	✓	✓	✓	✓	✓	✓	
Saturday	07/12/2024	*Unavailable 2pm -6pm	*Unavailable 10am -6pm	*Unavailable 2pm -6pm	*Unavailable 10am -6pm	*Unavailable 2pm -6pm	*Unavailable 2pm -6pm	*Unavailable 2pm -6pm	*SA & Set-up SAIL
Sunday	08/12/2024	✗	✗	✗	✗	✗	✗	✗	SAIL
Monday	09/12/2024	✓	✓	✓	✓	✓	✓	✓	
Tuesday	10/12/2024	✓	✓	✓	✓	✓	✓	✓	
Wednesday	11/12/2024	✓	✓	✓	✓	✓	✓	✓	
Thursday	12/12/2024	✓	✓	✓	✓	✓	✓	✓	
Friday	13/12/2024	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*GAA
Saturday	14/12/2024	✗	✗	✗	✗	✗	✗	✗	GAA Yuletide
Sunday	15/12/2024	✓	✓	✓	✓	✓	✓	✓	
Monday	16/12/2024	✓	✓	✓	✓	✓	✓	✓	
Tuesday	17/12/2024	✓	✓	✓	✓	✓	✓	✓	
Wednesday	18/12/2024	✓	✓	✓	✓	✓	✓	✓	
Thursday	19/12/2024	✓	✓	✓	✓	✓	✓	✓	
Friday	20/12/2024	✓	✓	✓	✓	✓	✓	✓	
Saturday	21/12/2024	✓	✓	✓	✓	✓	✓	✓	
Sunday	22/12/2024	✓	✓	✓	✓	✓	✓	✓	
Monday	23/12/2024	✓	✓	✓	✓	✓	✓	✓	
Tuesday	24/12/2024	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times
Wednesday	25/12/2024	✗	✗	✗	✗	✗	✗	✗	*Public Holiday
Thursday	26/12/2024	✗	✗	✗	✗	✗	✗	✗	*Public Holiday
Friday	27/12/2024	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times
Saturday	28/12/2024	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times
Sunday	29/12/2024	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times
Monday	30/12/2024	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times
Tuesday	31/12/2024	*Available 9am -4pm	*Available 9am - 4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Available 9am -4pm	*Holiday Opening Times
Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Wednesday	01/01/2025	✗	✗	✗	✗	✗	✗	✗	*Public Holiday
Thursday	02/01/2025	✗	✗	✗	✗	✗	✗	✗	*Public Holiday
Friday	03/01/2025	✓	✓	✓	✓	✓	✓	✓	
Saturday	04/01/2025	✗	✗	✗	✗	✗	✗	✗	*GAA Miler Meet
Sunday	05/01/2025	✓	✓	✓	✓	✓	✓	✓	
Monday	06/01/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	07/01/2025	*Unavailable 7pm -9pm	✓	*Unavailable 7pm -9pm	✓	*Unavailable 7pm -9pm	*Unavailable 7pm -9pm	*Unavailable 7pm -9pm	*Ballahouston Harriers

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Wednesday	08/01/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	09/01/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	10/01/2025	*Unavailable 2pm -10pm	*Unavailable 6pm -10pm	*Unavailable 2pm -10pm	*Unavailable 6pm -10pm	*Unavailable 2pm -10pm	*Unavailable 2pm -10pm	*Unavailable 2pm -10pm	*GAA Jump Glasgow
Saturday	11/01/2025	*Unavailable 9am -6pm	✓	*Unavailable 12pm -6pm	✓	*Unavailable 12pm -6pm	*Unavailable 12pm -6pm	*Unavailable 12pm -6pm	*Bellahouston Road Runners & SAIL 3 set-up
Sunday	12/01/2025	✗	✗	✗	✗	✗	✗	✗	SAIL 3
Monday	13/01/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	14/01/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	15/01/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	16/01/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	17/01/2025	*Unavailable 6pm -10pm	✓	*Unavailable 6pm -10pm	✓	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Set-up National Indoor Open Championships
Saturday	18/01/2025	✗	✗	✗	✗	✗	✗	✗	*SA National Indoor Open Championships
Sunday	19/01/2025	✗	✗	✗	✗	✗	✗	✗	*Set-up Celtic Connections
Monday	20/01/2025	✗	✗	✗	✗	✗	✗	✗	*Set-up Celtic Connections
Tuesday	21/01/2025	✗	✗	✗	✗	✗	✗	✗	*Set-up Celtic Connections
Wednesday	22/01/2025	✗	✗	✗	✗	✗	✗	✗	*Set-up Celtic Connections
Thursday	23/01/2025	✗	✗	✗	✗	✗	✗	✗	*Celtic Connections
Friday	24/01/2025	✗	✗	✗	✗	✗	✗	✗	*De-rig & set-up SA Senior & U17's
Saturday	25/01/2025	✗	✗	✗	✗	✗	✗	✗	SA Senior & U17's Championships
Sunday	26/01/2025	✗	✗	✗	✗	✗	✗	✗	SA U12's & SUPERteams
Monday	27/01/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	28/01/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	29/01/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	30/01/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	31/01/2025	✓	✓	✓	✓	✓	✓	✓	

Key:

✓	Available for Training - from 9am
✗	Unavailable for Training
*	Slight Access Changes - see end column for details