

Emirates Arena Availability Matrix March - April 19

Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Monday	01/07/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	02/07/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	03/07/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	04/07/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	05/07/2024	X	X	X	X	X	X	X	*Seating Installation
Saturday	06/07/2024	X	X	X	X	X	X	X	*Seating Installation
Sunday	07/07/2024	X	X	X	X	X	X	X	*Seating Installation
Monday	08/07/2024	X	X	X	X	X	X	X	*Seating Installation
Tuesday	09/07/2024	X	X	X	X	X	X	X	*Seating Installation
Wednesday	10/07/2024	X	X	X	X	X	X	X	*Seating Installation
Thursday	11/07/2024	X	X	X	X	X	X	X	*Seating Installation
Friday	12/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	13/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	14/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	15/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	16/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	17/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Thursday	18/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	19/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	20/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	21/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	22/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	23/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	24/07/2024	X	✓	X	✓	X	X	X	*Seating Installation

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Thursday	25/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	26/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	27/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	28/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	29/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	30/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	31/07/2024	X	✓	X	✓	X	X	X	*Seating Installation
Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Thursday	01/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	02/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	03/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	04/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	05/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	06/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	07/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Thursday	08/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	09/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	10/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	11/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	12/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	13/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	14/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Thursday	15/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	16/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	17/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	18/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	19/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	20/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	21/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Thursday	22/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	23/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	24/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	25/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	26/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	27/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	28/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Thursday	29/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	30/08/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	31/08/2024	X	✓	X	✓	X	X	X	*Seating Installation

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Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Sunday	01/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	02/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	03/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	04/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Thursday	05/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	06/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	07/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	08/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	09/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	10/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	11/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Thursday	12/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	13/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	14/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	15/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	16/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	17/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	18/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Thursday	19/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	20/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	21/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	22/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	23/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Tuesday	24/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Wednesday	25/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Thursday	26/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Friday	27/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Saturday	28/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Sunday	29/09/2024	X	✓	X	✓	X	X	X	*Seating Installation
Monday	30/09/2024	X	✓	X	✓	X	X	X	*Seating Installation

Key:	
✓	Available for Training - from 9am
X	Unavailable for Training
*	Slight Access Changes - see end column for details