

Hillhead Community Sports Hub

Hillhead Tennis – Centre of Excellence for Women and Girls

“As a club and community sports hub we are committed to creating opportunities for women and girls. Everyone helping each other to build different layers of expertise within the Club. Big girls helping wee girls, women helping teen girls, coaches helping all to create a thriving and supportive Women and Girls environment”

Shona, Hillhead Tennis Club & Community Sports Hub

Hillhead Tennis club are building upon their extensive community tennis programme with ambitious plans for a Centre of Excellence for Women and Girls Tennis, which will offer opportunities and support for females throughout all stages of the sport. This will involve the relaunch of Judy Murray’s Miss Hits programme for 5-8 year olds, Tennis for Teens and Recreational Tennis for Women to complete an opportunity pathway for all ages! The club recently secured funding from Glasgow Sport’s Sport and Physical Activity Fund which will allow them to lay the foundations for the above.



Through their extensive experience delivering tennis to females the club realise that greater support can be required to encourage an uptake in participation and will be introducing new initiatives which include a platform for training and recruiting volunteers and Buddy and Mentoring systems for Teen girls and Women to learn and develop coaching skills during the Miss Hits Programme. The ability to recruit and create female volunteers leading these sessions is key to inspiring more girls to take part and inspire them to continue!

Finally, it is hoped as a Centre of Excellence for Women and Girls Hillhead Tennis Club will be able to offer training to external clubs and provide expertise and knowledge around the delivery of the project to enable them to incorporate Miss Hits programme successfully within their clubs. The programme will commence in November 2021. To find out more www.hillheadtennis.co.uk/

