

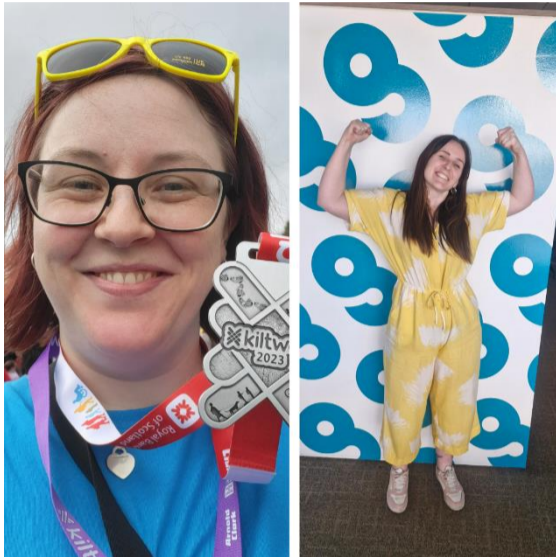
# Behind the kettle

April 2025

Monthly update on life at Glasgow Life

Issue #28

## Walking with purpose: Meet our Kiltwalk heroes!



Three of our incredible colleagues are taking on the challenge of the Kiltwalk.

They are:

- Gillian Adams, Health and Wellbeing Assistant
- Irene Cree, Libraries and Communities Coordinator for Wellbeing Partnerships
- Megan O'Brien, Health and Wellbeing Advisor

The trio are pushing themselves to walk up to 23 miles to support causes that mean the world to them. From providing emotional and social support for families affected by childhood cancer to finding loving homes for rescue dogs and funding life-changing care for those with Huntington's disease. Each step they take is packed with purpose.

The Kiltwalk isn't just a physical test—it's a celebration of resilience, community, and giving back. With thousands of people walking side by side, the event is both challenging and uplifting. Whether tackling the 14-mile Big Stroll or the full 23-mile Mighty Stride, our colleagues are proving that every step counts.

Find out what's driving them, how they've been preparing, and how you can show your support. Scan the QR code below to read more!

## View all our latest news and vacancies on Colleague Updates



## Equalities Monitoring Survey – coming soon!



Johanna Maciver  
EDI Steering Group member

We're pleased to announce that our first annual Equalities Monitoring Survey is coming soon.

By telling us about you, you can help us make things better for everyone. Even if you don't share details, your response is still important. Together, we can make our workplace a fairer, more inclusive place for everyone.

### Why we're doing this survey

We want everyone to feel included and supported at work. To do this, we need to understand who our colleagues are and what their needs are. This survey will help us collect important information to improve things for everyone. This work is part of the delivery of our Equalities, Diversity & Inclusion Strategy.

### What will happen with your answers

The survey is **completely anonymous**. No one can track your data. Your response will be collated to provide a snapshot of Glasgow Life's colleagues in 2025. It will then be deleted.

### What if I don't want to share my information

We understand that some colleagues may not want to share their information. This is completely fine. We would still ask you to fill out the survey by choosing **No** on the **first question**.

### Scan the QR code above to watch the video and learn more

Watch our short video featuring Johanna Maciver from the EDI Steering Group. She'll explain why we're collecting this data, what we'll do with it, and what you get from completing the survey.

### Get ready!

The survey is **launching on Monday 14 April**, so keep an eye out. Your input is valuable, and we want to hear from everyone. Remember, even if you choose not to share your information, your feedback is still crucial.

Thank you for being part of this important effort to make our workplace better for everyone.



## Springtime Fun with Glasgow Life

Visit our website to find the amazing range of free and low-cost activities for children and families on offer across the Easter holidays:

<https://www.glasgowlife.org.uk/springtime-fun>.